

KINESIO TAPING SYMPOSIUM 3^{rd.}

Oslo - Norway, April 10th - 11th 2015
Radisson Blu Plaza Hotel

AlfaCare host for the third time its annual symposium in kinesio taping. We have once again combined a number of international speakers within kinesio taping.

It is a great pleasure to welcome:

Patricia Martin, Audrey Yasukawa, Gudrun Collins, Dragan Dimitrijevic, Michela Colombo, Kristian Seest, Frank Tore Jacobsen, Torben Blenstrup, Nina Paulsen and Nina Erga Skjeseth.

This year's main topics are pediatrics and lymphedema

Patricia Martin has 20 years experience with taping of children. Focus will be on the plexus palsy and core stability.

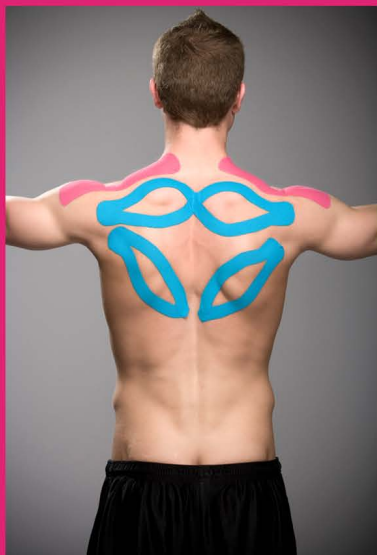
Gudrun Collins has great experience in kinesio taping for lymphedema and will share her knowledge with us.

Other topics will be scientific researches and presentations for use in your clinical practice



ALFAcare

National and international speakers.
All lectures are held in English





PRACTICAL INFORMATION

Location:

Radisson Blu Plaza Hotel, Oslo

Date:

Friday April 10th: 09.00 am - 17.45 pm

Saturday April 11th: 09.00 am - 16.30 pm

Prices:

Registration fee: 3.400 nok (380 euros)

Students: 2.900 nok (325 euros)

Hotel (optional):

Single room: 1295 nok (145 euros) pr. night

Double room: 750 nok (85 euros) pr. person pr. night

Social dinner (optional):

3 courses: 495,- (55 euros) pr. person

For questions regarding
registration, please contact:

Døvre Event & Marketing

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symposium, please contact:

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[Click here for registration](#)



SCHEDULE

KINESIO TAPING SYMPOSIUM
Friday April 10th 2015

09:00-10:00	Registration	Registration
10:00-10:10	Opening	Torkild Haugan, AlfaCare
10:10-10:30	Lecture	Frank Tore Jacobsen; • Research and articles in 2014
10:30-11:00	Lecture/ Workshop	Torben Blenstrup • Kinesio taping for injured overhead athletes (handball, badminton and tennis)
11:00-11:30	Lecture/ Workshop	Dragan Dimitrijevic • Scar evaluation and combining manual treatment with kinesio taping • Appropriate body positioning for maximum wrinkling effect in knee and ankle region
11:30-11:45	Coffee break	Coffee break with refreshments
11:45-12:00	Research	Nina Paulsen • Effect of kinesio in weak quadriceps. RCT study.
12:00-12:15	Research	Nina Erga Skjeseth • Effect of kinesio in weak lower trapezius. RCT study.
12:15-12:35	Lecture	Frank Tore Jacobsen • Kinesio tape and physics
12:35-12:55	Research	Michela Colombo with students; • Kinesio Taping in soccer for hamstrings and gastrocnemius: pilot studies and techniques (Michela Colombo, Andrea Basilico)
12:55-13:15	Workshop	Kristian Seest • Mortons Neuroma. Different approach and techniques.
13:15-14:15	Lunch	Lunch
14:15-15:45	Lecture	Gudrun Collins • Kinesiotaping and the lymphatic system. • Theory and casereports
15:45-16:00	Coffee break	Coffee break with refreshments
16:00-17:30	Lecture/ Workshop	Patricia Martin & Audrey Yasukawa • Kinesio Taping in Pediatrics: Pediatric guidelines and taping for trunk and proximal stability
20:00	Social dinner	Three courses (optional)



SCHEDULE

KINESIO TAPING SYMPOSIUM
Saturday April 11th 2015

09:00-10:00	Case reports	Michela Colombo w/students. (Pilot Studies) <ul style="list-style-type: none">• Efficacy of Kinesio Taping as additional treatment in pelvic-perineal dysfunction (Ivan Arena)• Effect of Kinesio Taping EDF technique in hemiplegic patients with spasticity (Sara Peloni)• Study on the effect of the treatment on hamstring in Kayakers: changing of the posture through video analysis (Filippo Besozzi)• The use of kinesio taping method in patients undergoing thoracic surgery, case reports (Agnese Faini, Lorena Terzaghi)• Kinesio Taping for the shoulder in Volleyball and Water Polo: pilot studies and techniques (Michela Colombo, Luca Calciolari)
10:00-10:30	Lecture/ Workshop	Frank Tore Jacobsen; <ul style="list-style-type: none">• Kinesiotaping – Manual recoil assessment.• Scapula dyskinesis
10:30-10:45	Coffee break	Coffee break with refreshments
10:45-12:15	Lecture	Patricia Martin & Audrey Yasukawa <ul style="list-style-type: none">• Kinesio Taping for Brachial Plexus (children from infancy through 10 years (some children with videos)
12:15-13:15	Lunch	Lunch
13:15-14:30	Lecture/ Workshop	Gudrun Collins <ul style="list-style-type: none">• Lymphoedema• Workshop with practical examples.
14:30-15:00	Research	Dragan Dimitrijevic: <ul style="list-style-type: none">• Thermography and KT• Treating fractures and open wounds with kinesio tape.
15:00-15:15	Coffee break	Coffee break with refreshments
15:15-16:00	Case report	Patricia Martin & Audrey Yasukawa <ul style="list-style-type: none">• Kinesio Taping for Spasticity
16:00-16:20	Ask the experts	Patricia Martin & Audrey Yasukawa, Gudrun Collins, Dragan Dimitrijevic, Kristian Seest & Frank Tore Jacobsen
16:20-16:35	Information	Sybille Molle Information about Kinesio Taping Equine
16:35-16:40	Close	Torkild Haugan

PRESENTERS

KINESIO TAPING SYMPOSIUM
April 10th-11th 2015



Patricia Martin (USA)

Patricia Martin, PT, Certified Kinesio Tape Instructor, is currently manager of Satellite Therapy Services at The Cleveland Clinic Children's Hospital, Shaker Campus. She previously worked at Metro Health Medical Center treating adult and pediatric patients with a variety of diagnoses. These include TBI, SCI, CVA, and orthopedic issues. Trish also worked in the school system for ten years. She assisted Beverly Cusick in courses on lower extremity biomechanics, splinting and casting. She is pediatric NDT trained. She has taught pediatric and adult taping courses internationally and spoken internationally on Kinesio Taping. Trish also teaches courses on therapeutic taping, casting, brachial plexus injury and pediatric gait and has over 30 years of experience.



Audrey Yasukawa (USA)

Audrey Yasukawa is currently Chief of Occupational Therapy at LaRabida Children's Hospital in Chicago. She has a Master's of Occupational Therapy from Western Michigan University and a Bachelor of Science degree in Special Education from Northern Illinois University. She previously served as a clinical resource to staff throughout the system of care at the Rehabilitation Institute of Chicago and worked in the pediatric program. She is pediatric and adult NDT trained, has over 30 years experience with upper extremity casting and has taught pediatric and adult taping and casting courses nationally. She is a certified Kinesio Taping Instructor. In addition to numerous workshops and lectures given internationally and throughout the United States, Audrey has authored many publications, including "Kinesio® Taping in Pediatrics, Fundamentals and Whole Body Taping", "Casting Protocols for the Upper and Lower Extremities", "Casting to Improve Upper Extremity Function", and "Upper Extremity Casting: Adjunct Treatment for the Child with Cerebral Palsy".



Gudrun Collins (England)

Gudrun was born and educated in Germany but now lives and is based in England. Gudrun is the Director of the GeeCol Sports Injury and Lymphedema Clinic, which is a Care Quality Commission (CQC) approved healthcare provider (the first in this field in UK) and registered as part of GeeCol Wellness, which she owns herself as a UK Limited Company. Within the GeeCol Clinic, Gudrun treats a wide variety of athletes including the local running team, rugby team, competitive cyclists and footballers, in addition to non-athletic clients including those with various sorts of lymphatic disorders. She also specializes in highly complex lymphatic conditions. Gudrun has many years of practical experience: in the field of Sports Injury Therapy, as a Lymphedema Specialist (trained in the Vodder and Foldi Methods), as an Equine Lymphatic Specialist (Vodder Method) and as a Lecturer in all these disciplines. Gudrun has received several nominations for her professional case studies at international level and was recently honored (in Nov 2011) by the British Lymphology Society (BLS) with the Award for Reputation & Professional Stand



Dragan Dimitrijevic (Serbia)

Dragan finished high school for PT s in 1990, and finished college for Senior PT s in Belgrade in 1994. In 2007 he became Yumeiho instructor, followed in 2008 as theraband instructor and CKTI . In 2011 Dragan graduated in international shiatsu school, attended courses on the subject of seitai shiatsu, fascia, myofascial release and treating diskodural conflict conditions. Dragan currently teaches courses in Kinesio Taping, shiatsu, theraband/proprioceptive training, fascial release techniques and yumeiho-Japanese manual Therapy.



Michela Colombo (Italy)

Michela took her graduate at the Università degli Studi dell'Insubria, Varese, in 2007 with the discussion of the thesis: "treatment with kinesio taping on the shoulder injuries in water polo players: pilot study". She has been specializing in manual therapy, attending different courses. She received her Certificate in Orthopedic Manual Therapy at the Curtin University of Perth, Australia, in 2008. Michela presently is a private practitioner in Stefano Frassiné's orthopedic clinic. Since 2006 she has worked as physiotherapist in Varese water polo team, where different Olympic players have played, and in Legnano softball team, the European Champion for clubs in 2008. She became a Certified Kinesio Taping Instructor in 2010.



Frank Tore Jacobsen (Norway)

Frank Tore is a physical therapist from the University College of Sør-Trøndelag (Norway) and works at "Klinikk for Alle, avd. Majorstuen" where, in addition to being a physiotherapist, he also has the academic responsibility at the clinic. He has an additional interest in the fascia and myofascial connections and how this can cause musculoskeletal disorders. In this context, he finds Kinesio Tape as a wonderful tool that he combines with various manual techniques, insoles (Formthotics) and shockwave treatment to name a few modalities. Frank Tore finished his first Kinesio Taping courses through AlfaCare in 2008 and was certified Kinesio Tape instructor (CKTI) in 2009. He has held 15 courses a year and participated in all major international events in Kinesio Taping since. He has also been on the podium at several major conferences. Frank Tore is a member of Kinesio International's Research Advisory Team (RAT), and has also assisted in several Scientific studies with kinesiointaping.



Kristian Seest (Denmark)

Kristian has a Bachelor in Physiotherapy and is an examined sports physiotherapist and CKTI. He has worked with Kinesio Tape for about 7 years and has held numerous courses in the Kinesio Taping® Method in Denmark, as well as several workshops internationally for KTAI including at the 2013 Symposium at Stanford University. Kristian also specializes in Formthotics sole adaptation, is the co-author of "Tape dig selv" 2012 and works for Sports Pharma A/S in Denmark.



Torben Blenstrup (Denmark)

Physiotherapist Torben Blenstrup, CKTI
Educated from The School of Physiotherapy in Holstebro, Denmark in 1996. Here by followed 8 years at Viborg Hospital primarily Working with orthopaedic patients and especially many shoulder patients. As a consequence of his expertise, he has been teaching "Diagnostic and rehabilitation in shoulder patients" national and as far away as Slovenia and South Africa. Besides a number of speeches in medical- and therapy conferences.

In 2004-2008 he was responsible for the health department in Viborg Handball Club and through players coming to the club from Germany he learned about Kinesiointaping. As he decided to know more about this remarkable tool he took the instructors degree in Frankfurt in 2006 and started as the first physiotherapist to teach the Kinesio concept in Denmark.

Since he has taught KT seminars in Denmark, Norway, Sweden, Finland and Iceland in cooperation with OrtoNordic A/s.

Today he is CKTI in the Kinesio Taping Association International.



Nina Erga Skjeseth og Nina Paulsen (Norway)

- Bachelor in Physiotherapy in Bergen, 2007-2010
- One year internship in Ålesund 2010-2011
- Worked as a physiotherapist in Delta Aktivt in Ålesund 2010-2013
- Started master in sports physiotherapy at the Norwegian School of Sport Sciences in Oslo in 2013
- Worked as a physiotherapist at Klinikk For Alle Bjørvika since 2013 (to date)



AlfaCare

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